



# **SPIRITUAL NOTEBOOK**

**St. Paul American Coptic Orthodox Church  
Houston, TX  
2021-2022**

**“Grow in the grace and knowledge of  
our Lord and Savior Jesus Christ”**

**2 Peter 3:18**

**MY NAME IS:**

**MY SUNDAY SCHOOL CLASS IS:**

**HOW OLD AM I?**

**WRITE DOWN A MESSAGE TO GOD:**



## WHAT WEEK IS IT?

SUN MON TUE WED THU FRI SAT

I PRAYED THIS MORNING



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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I PRAYED THIS NIGHT



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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I READ MY BIBLE TODAY



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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I WENT TO LITURGY



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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I CONFESSED THIS WEEK



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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I READ A SPIRITUAL BOOK



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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I ATTENDED YOUTH ACADEMY THIS WEEK

I DID MY YOUTH ACADEMY HOMEWORK

I MEMORIZED MY VERSE

## A MESSAGE FROM YOUR YOUTH ACADEMY TEACHER



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